

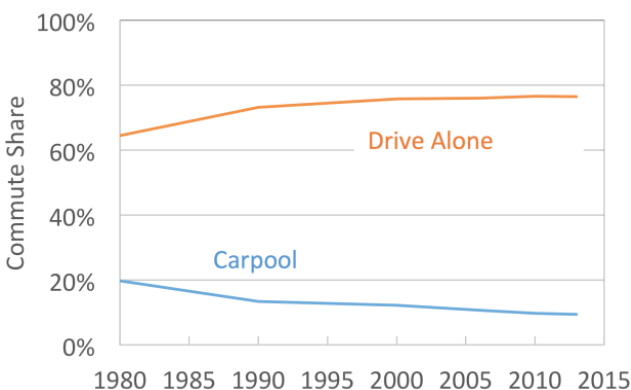
How Lyft and Uber Can Fix— Not Cause—Congestion

While evidence mounts that Uber and Lyft are stealing rides from public transit, there's still a chance for ride-hailing apps to do more to help than hurt congestion. The key: using ride-hailing apps to carpool.

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Studies of New York and other cities, including by our [colleagues](#) at UC Davis, suggest that Uber, Lyft, and other app-based car services are increasing congestion by facilitating a shift away from mass transit. That shift is to be expected. App-based car services offer users many of the same advantages as mass transit (the ability to avoid parking, the opportunity to travel without a driver's license, etc.) at an increased level of comfort and convenience, while remaining relatively affordable. Of course Uber and Lyft will skim travelers from transit.

Though app-based car services may increase congestion in this limited regard, there is even greater—yet largely ignored—potential for such services to reduce net congestion by facilitating multi-passenger pooling. So far, pooling has not caught on widely. Since the 1970s, hundreds of billions of dollars have been invested into building a web of carpool lanes in most major U.S. cities. Yet carpooling has steadily declined from about 20% of commute trips in the 1970s to less than 10% now (see figure). Today, each car on the road in the United States contains an average of only 1.6 passengers, and the majority of the time vehicles are occupied only by the driver.



The share of workers commuting by carpool has fallen steadily since 1980. Data from census.gov.



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Nevertheless, pooling remains the transportation mode of choice for a significant fraction of commuters. In 2013 (the most recent year for which data are available), [9.4% of workers commuted by carpooling](#): almost twice the percentage of workers who commuted by public transit. App-based car services could vastly increase this market share. The popularity of services such as Uber, Lyft, and Via proves that people will pool as long as it is easy, convenient, and reliable. And when people pool, everyone wins. Sharing a ride with just one other passenger effectively halves all the costs and negative externalities of driving, including congestion. This is particularly important with respect to work commuters, since jobs tend to be located in cities and other concentrated areas where parking and road space is at a premium. App-based pooling can also increase equity by expanding transportation options for those who can't afford to drive alone and may not be well served by transit. Finally, pooling can reduce noise, local air pollution, and greenhouse-gas emissions by providing more transportation service per mile of vehicle travel. (The role of pooling as the

most important innovation for achieving sustainable transportation is a central theme of the forthcoming Island Press book authored by Dan Sperling and nine other leaders in the field of new mobility, [Three Revolutions: Steering Automated, Shared, and Electric Vehicles to a Better Future.](#))

Given limited funding availability for improving mass transit as well as general public resistance toward implementing congestion pricing, public officials should not just allow app-based pooling systems—they should champion them as one of the most feasible ways to tackle traffic congestion. Unfortunately, most policymakers have been slow to do so. The city of Chicago, for instance, recently imposed a \$1-per-ride fee on all ridesharing companies amid concerns that such companies were costing the city money in the form of lost transit fares, parking fees, and other transportation-related sources of revenue. A major problem with Chicago's fee is that it fails to differentiate between single-rider trips, which provide no extra societal benefits, and pooled trips, which do.

Next up is New York, where Governor Andrew Cuomo is evaluating options for reducing traffic, including a possible ridesharing tax. This complex process is exposing [disagreements](#) between New York State and New York City, and among different boroughs in the city. Yet the process also presents an opportunity to set important and innovative policy. Governor Cuomo—and all other decision-makers in similar positions—would be well-advised to consider the substantial role that app-based pooling can play in reducing congestion and improving quality of life for all. Indeed, a diverse coalition of transportation experts and stakeholders recently expressed precisely this view in an [open letter](#) [pdf] to the governor. Regulation of app-based car services may be justifiable in some cases, but such regulations must be carefully designed to favor pooling and avoid throwing the baby out with the bathwater.

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